

Spiritual Direction

A safe space to talk and reflect
on your relationship with God.

SPIRITUAL DIRECTION

Are you seeking deeper meaning in your faith, longing for spiritual growth, or guidance through life's challenges? Spiritual direction provides a safe, confidential space to talk and reflect on your relationship with God.

Sister Lynne Moldenhauer, IHM, provides one-on-one spiritual direction sessions, offering personalized guidance to anyone seeking deeper spiritual awareness and connection on their faith journey. Her ministry is based at Maxis IHM Spirituality Center in Riverview, Michigan.



What is Spiritual Direction?

A practice of accompanying individuals on their spiritual journey, helping you listen more closely to God's presence in your life.

Who Can Benefit?

- Anyone seeking a closer relationship with God
- Those discerning life decisions
- Individuals working through spiritual struggles
- People searching for peace and clarity

What Happens in a Session?

- Conversation focused on your spiritual experiences
- Quiet reflection and listening for God's voice
- Supportive guidance from a trained spiritual director

Contact Us

Arrangements for meeting in person or virtually are made between the spiritual sojourner and the spiritual companion. For more information, please contact Sister Lynne at **734-250-8314** or email her at maxiscenter@ihmsisters.org