



IHM SISTERS E-NEWS

NOVEMBER 2022

News from Marian High School



Sister Lenore Pochelski, IHM, Marian's Head of School, has announced her plans to retire at the close of the 2022-23 academic year following 30 years of service to the Marian community. The school's Board of Directors has developed a succession plan and a search committee is working to identify a successor who will continue

Marian's strong tradition of excellence.

"It has been an honor to serve the Marian community and I am grateful for the loyalty and support over the years," said Sr. Lenore. "I made this decision several years ago, knowing I would miss the relationships with students, faculty, staff, and the community that made the job special. And while a lot has been accomplished during my tenure thanks largely to those relationships, it is time for someone else to take the helm to keep Marian moving forward."

In her three decades at Marian, Sr. Lenore ensured the school's mission and vision prospered while preparing the young women for the world ahead. Her gift of connecting with the community has been instrumental in raising money to fund scholarships, which have quadrupled cash awards.

During her term, Marian raised capital funds to upgrade technology and expand and improve its footprint to include the new gymnasium, auditorium, Library Media Center, Ferris Foyer, and the Marian Commons with its kitchen, servery, Student Dining Area, Student Lounge, and the courtyard that complemented these additions.

"Students, faculty, staff, alumnae and families, both past and present, are grateful for Sr. Lenore's 30 years of service to Marian," said Board of Directors President, Kevin J. Hammer. "She has made a lasting impact in the community through fundraising to create more scholarships, expand the school's footprint and maintain a standard of academic excellence. To honor her legacy, we have established a leadership fund in her honor. The Sr. Lenore Leadership Fund will strengthen our endowment and provide for continued school upgrades and state-of-the-art equipment for learning."



“For the sake of children of all species”

By Gloria Rivera, IHM

There are several gardens on the Marygrove Campus: *Maureen DeRoches Shakespeare Garden*, *The Glenda Price Garden*, *The Hilde-Garden*, *The Color Purple Garden*, *the Our Neighbor Engaged Garden* and *the Hartman Garden*. These spaces help us remember as well as provide solace and beauty.



On Sept. 9 and 10, several volunteers, including Margaret Alandt, Kate Pierce and Pat Kolon, came to campus to plant the newest garden. Cindy Ross and her team from Friends of the Rouge guided the planting. They intended to add beauty to an otherwise concrete and grass area and to catch rainwater from the roof over the main dining room, redirecting it from the city drain to the garden and watering the perennial plants.

The planting was a follow-up to a May 10 campus workshop on rain gardens. The workshop was given by two staff members of the Detroit Sierra Club. They wanted to teach but also suggested that gardens can be a part of people’s homes, provide beauty and potentially alleviate flooding. These efforts focus on caring for ecological systems on campus and are part of the Marygrove Conservancy’s outreach to its neighbors. The rain garden was funded through the generosity of the National Fish and Wildlife Foundation, National Wildlife Federation (NWF), Friends of the Rouge (FOTR) and Sierra Club of Michigan.

Rain gardens add beauty and provide a habitat for pollinators and a learning space for students and others on campus. Our garden will need care until it is fully established in about three years, so watering and weeding will be part of the ongoing tending. Anyone who cares to help is welcome. This garden will divert 3,700 gallons of water during a good rain. Watch it take root and thrive as you walk toward Alumni Hall. It is essential to preserve the garden legacy of Marygrove College and create new garden spaces that serve as a bridge to a new reality, the Marygrove Conservancy.



What’s next? The tree canopies are next on the list of the campus ecosystems to nurture. We have connected with a new partner, the arborist from The Greening of Detroit, to help us continue the care of the canopies that Marygrove Conservancy staff have started. Stay tuned!

Blessing of the hands ministries ceremony

On October 4, retired sisters met in the Theresa Maxis room to celebrate their volunteer ministry opportunities within the IHM Community. Songs, reflections and the blessing of their hands were shared. While many of these sisters have been “retired” for years, they still continue to give their time and talents within the IHM community and pursue areas in which they can contribute. Examples of their volunteerism include driving to doctor appointments, community events and emergency driving in the evening and on weekends; mending clothes for those with sewing skills; sorting and distributing mail. And not least, a pleasant way to spend an evening: reading to residents who would enjoy a book when their eyesight has failed them. The ceremony concluded with Sister Mary Ann Markel’s blessing:



Enjoy this slide show of the blessing of the hands

Let’s take a moment to look at our hands. Think of the many ways you have touched others in your various ministries. All the children and adults you have taught. How often have you given someone encouragement or comfort by reaching out to them? The times you gave someone a hand up or a handout. Take time to look at the hands of those around you. Now let us bless each other’s hands as we continue this journey together.



Ruth McGuire, IHM

March 22, 1924 –
Sept. 10, 2022



Francis L. McAuliffe, Jr.

IHM Associate
Aug. 1, 1927 –
Sept 23, 2022



Rosanne Bellner,

IHM Associate
Jan. 31, 1949-
Sept. 30, 2022



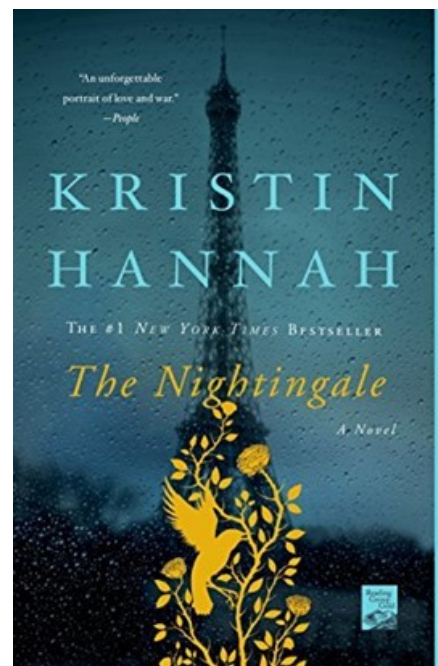
Virginia Pfau, IHM

June 30, 1946-
Oct. 18, 2022

Remembering

Worthy of Note from the Alphonsus Liguori Library ...

The Nightingale by Kristin Hannah
Reviewed by library staff



In her March 20th article for *The New York Times*, Sabrina Tavernise focused on stories of Ukrainian women three weeks after the Russian invasion. She realized that their particular stories were also telling her something about the broader war. Tavernise recounts women talking about the “randomness of who survives and who does not; the sheer weirdness of the moment things change, when suddenly your body is moving in ways that your brain can’t comprehend. One day you are driving to the dentist. The next, you are whispering with strangers in a dark basement.”

With a similar focus, Kristin Hannah’s 2015 novel, *The Nightingale*, illuminates an intimate part of history seldom seen: the experience of war from the words of women. *The Nightingale* captures the stories of two sisters, Vianne Mauriac and Isabelle Rossignol, who live in France around 1939, on the eve of World War II. Separated by years and experience, estranged from each other and their father, the two sisters each embark on their own dangerous path toward survival and freedom in German-occupied, war-torn France.

Vianne is a teacher and mother living in the quiet, rural village of Carriveau, convinced that the Nazis will not invade France. Her husband, Antoine, heads for the Front and will subsequently be captured as a prisoner of war. Nazis invade France and as a

German captain requisitions Vianne’s home, she must navigate living with the enemy, struggling to keep herself and her daughter, Sophie, alive amid escalating danger and violence.

Isabelle, a rebellious eighteen-year-old, is searching for purpose in her life. She meets Gaëtan, a partisan who believes the French can fight the Nazis from within their country, and she enters the French Resistance. She becomes an important figure in resisting the occupation and a serious threat to the Nazis as she risks her life, time and again, to save others.

The Nightingale is historical fiction grounded in the author’s well-researched study of this epic period. Isabelle’s character is based on the late Andrée de Jongh (1916-2007), who repeatedly risked her life helping British and American servicemen escape Nazi-occupied Belgium and France. Hannah’s novel is a tribute to the extraordinary courage of French women during World War II, a celebration of resilience within the human spirit and the strength of women.



IHM Art Gallery

Heritage: “The Fire That Lights the Way” Nov. 8 through Jan. 12.

Heritage is the events and traditions that make up a people’s history. It is kept alive by those who live it and those who work to preserve it for future generations. This exhibit explores aspects of IHM heritage through unique and unusual artifacts, photos, and stories from the IHM Archives.

Join us for an opening reception Tuesday, Nov. 8, from 5:30- 7 p.m. Attendees are required to wear masks, enter through the A-wing entrance and sign in for contract tracing. The exhibit is free and open to the public by appointment only (please give 48 hours notice). For more information about the exhibit and reception, email econner@ihmsisters.org.



Marygrove Minute

The All-Alumni Reunion 2022 on a sunny Sept. Saturday was a success with 100 guests: 52 from the 50-year class of 1972! We were honored with the oldest

attendee, Bernadette (Peggy Chatel) Windisch, from the class of 1944 at 100 years old. The campus was also graced with the presence of two alums from the class of 1954: the beloved Sister Amata Miller and Nancy Rouen Coles, who had been her class president (along with her faithful husband, Tom). Farmacy Food (the Conservancy food service) provided delicious offerings for breakfast, lunch and afternoon snack. The new rain garden was visible from the hall windows leading to Theresa Maxis Alumnae Hall. This addition to campus was created by volunteers from Friends of the Rouge and the Sierra Club through the efforts of the IHM sisters as a way to help divert rainwater from going into the city system: this, in turn, will help reduce the Marygrove Conservancy water bill. This beautiful, peaceful space welcomes pollinators and continues the Gardens at Marygrove tradition and IHM heritage. Stay tuned for opportunities to come and help!



Peggy Windisch '44 and Sister Amata Miller, IHM, '44

Tours of the Early Education Center and the High School at Marygrove were well-attended and inspiring. Marygrove Conservancy CEO Tom Lewand spoke on the progress of the P-20 programs, followed by remembrances of the 68 for '68 diversity initiative from the class of 1972 alums. Click [here](#) to see the video of this unique initiative.

Finally, live music entertained in the afternoon before the first-ever inclusive Ecumenical Spiritual service was celebrated in the chapel to end the day. It was a day of priceless memories recalled and new ones made.



For those of you who may qualify for the federal loan reimbursement plan, [here](#) is a link to the debt relief application, which is now live.

The Marygrove Alumni Association Board wishes all Marygrove alums and friends a safe and enjoyable holiday season!

50 -year class of 1972

Check out and stay in touch via the Marygrove Alumni and Friends Facebook page and our dropdown link under Stay Engaged on marygroveconservancy.org.

Then & Now

Marcella Regan grew up in Detroit with her nine siblings (four boys and five girls). Their parents, Thomas and Mary Regan,



Sister Marcella Regan

were Irish Catholics and devoted to their faith. Marcella was baptized at Our Lady of Help Catholic Church in Detroit and made her First Communion there. IHMs taught our Lady of Help School.

Due to the Depression, the Regan family moved several times because of her dad's work, which necessitated a change of schools for the children. When Marcella was in fifth grade, the family was in Holy Redeemer and she completed her education at the parish school. She loved attending Our Mother of Perpetual Help Devotions and would go to Our Lady's altar and pray for inspiration on what to do with her life. At these prayer times, Marcella felt drawn to become an IHM Sister.

On Oct. 15, 1950, she stepped through the front door of St. Mary Convent, Monroe, and began a new journey. She was received into the Novitiate Aug. 15, 1951, and took the name, Sister Ann Lawrence. After earning her teaching degree, her first mission was St. Mary School in Monroe, where she taught second grade, followed by five more years of teaching primary grades.

[Read more about Sister Marcella](#)



Sister Kathleen Schultz

Kathleen was born in Detroit, middle of three sibs. Rosemary was older by three years, and Bill younger by four. Her mother, Catherine, returned to teaching when Bill entered 1st grade. Her father, Vincent, was a life-long social worker. After Precious Blood grade school, she went to Immaculata,

entering the IHMs shortly after graduation. Subsequently, she earned her B.A at Marygrove, an MA at U of D, and did post-graduate work at U of M. Following 13 years of teaching full-time in high schools, at university level and with adults, she became a licensed social worker.

Chile's 1973 *coup* and the U.S. role in overthrowing democratically elected President Allende opened her eyes, reshaping her understanding of the world. Forces favoring international financial elites crushed the struggle for equality, especially among Chile's poor. Kathleen's eyes have not closed since to such realities. For nearly 50 years, she worked in education, political activism and human services, primarily in Detroit's low-income communities. Initially, through national and local projects, they focused on the role of the Christian churches in social and political change.

[Read more about Sister Kathleen](#)

"Engaging the healing power within" webinar with Annette St. Amour, IHM, MA Thursday, Nov.17, from 2 to 3:30 p.m. EST (UTC-5)

Annette St. Amour, IHM, MA, will share her experience of working with local communities and healers in South Sudan in response to the trauma of displacement within their own country from years of war. St. Amour will provide background on how stress, anxiety and trauma affect our brain, body and well-being and offer practices for empowering ourselves and others in healing and well-being. This 90-minute webinar will consist of a presentation and an opportunity to engage with the presenter. The cost is \$15. Register [here](#), email spirituality@ihmsisters.org or call 734-240-5494.



The racial justice resource spotlight

By Pat Kolon, IHM Associate

[Showing Up for Racial Justice \(SURJ\)](#) is an extensive national network of groups and individuals working to mobilize white people in the US for racial and economic justice.

These values include investing in communities over police and prisons, winning economic justice issues with poor people and rural communities and electing progressive candidates. View their video, [Our Story, Our Stake](#), which shares the testimonials and activities the group is involved in.

The monthly newsletter provides valuable information, toolkits and resources to aid in combating the Great Replacement Theory. The Great Replacement Theory is a conspiracy theory that posits that nonwhite individuals are being transported to the United States and other Western countries as “replacements” for white voters to achieve a political agenda. In the newsletter, you will find a list of 600+ Black-owned businesses in the Metro-Detroit area. There is also a newsletter notification of work together projects for an “Action Hour.” Links to an NPR interview with Erin Heaney, the National Director of SURJ, are included. The Life of Anne Braden is profiled in the latest issue and



SHOWING UP FOR RACIAL JUSTICE

information on the upcoming meeting of SURJ is also included.

I connected with SURJ Detroit, one of the five Chapters of SURJ in Michigan. I delivered boxes of produce to folks Black Lives Matter identified as being in need in the Jefferson-Chalmers area of Detroit. SURJ partners with BLM for these CSA deliveries and provides school packs in the fall. The youthfulness, energy and competence of SURJ leadership and membership have impressed me. SURJ holds ongoing education events such as the Stages of Whiteness. For whites, the process involves becoming aware of one’s “whiteness,” accepting this aspect of one’s identity as socially meaningful and personally salient and ultimately internalizing a realistic positive view of whiteness that is not based on assumed superiority.

The topic for the next two meetings is timely - Navigating Holiday Conversations. I doubt you’ll be disappointed in what SURJ has to offer!



Deep Faith. Courageous Spirit. Action for Justice.

On the IHM website

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