All spiritual seekers and people of goodwill are welcome to join in prayer on behalf of healing. As part of the season of Lent, we recognize the need for deep healing for ourselves and for our country.

We turn to the One whose heart is always for us, calling us, wanting us to return “home” and to trust enough that we may see ourselves as God sees us.

Please have a candle or other form of light beside you during our prayer together. We will be using a webinar format that allows all participants to have their cameras on, if they wish, so that we have a closer sense of community.

**Prayer Themes**
- **Feb. 17:** Opening to God’s Loving Forgiveness
- **Feb. 24:** Healing the Heart and Mind
- **March 3:** Reaching Over the Divide: Love’s Command
- **March 10:** Seeing as Jesus Sees

**Julie Vieira, IHM, MA,** is a writer, presenter, and spiritual guide. She holds a Master of Arts in Theology from St. Michael’s College at the University of Toronto. She is the Director of IHM Spirituality Ministries. She is particularly attentive to living the darkness and light — the poetry and rough prose — of everyday life with mindfulness and passion.

**Lynne Moldenhauer, IHM,** serves as the coordinator for the Maxis IHM Spirituality Center in Riverview, Mich. She is degreed in religious studies and psychology from Marygrove College in Detroit and is certified in retreat direction by the Shalem Institute. Her areas of interest are prayer, spirituality and retreat direction. She is particularly interested in the work of Thomas Berry and Louis Savory.

**Registration Information:** Go to [https://bit.ly/3pItCZc](https://bit.ly/3pItCZc). For more information, call 734-250-8314 or email maxiscenter@ihmsisters.org. Registration gives you access to all three webinars. You may register anytime, however, we encourage you to register soon. We will send out a confirmation email after you register and an email reminder shortly before each webinar.

**Fee:** Free-will offering