The spirituality that is foundational to the Twelve Steps provides opportunities for healing, self-discovery and spiritual growth. The steps provide a way to face our pain and as we gradually move more fully into authentic living. Participants need not be familiar with the steps or addiction to benefit from this series. For others, this series can enhance their experience of living the steps.

Diane McCormack, IHM, is a spiritual director and addictions counselor. She holds a master’s degree in theological studies and her daily walks immerse her in the Grandeur God. Sister Diane values taking periods of stillness and contemplative times to nourish her relationship with God. She is filled with gratitude for her life and for the invitation to choose life each day.

Registration Deadline: Feb. 27
Suggested Offering: $30
To register, contact River House – IHM Spirituality Center at riverhouse@ihmsisters.org or 734-240-5494.

Reasonably-priced overnight accommodations are available at River House and other nearby locations. Ask for assistance when registering. Please note that River House is accessible only by stairs.