Gathered in Hebron 3,000 years ago,
the tribal elders (the ancient Israelites)
pledged themselves as David’s flesh and bone.
When we gather at Eucharist, Jesus draws us into
an even greater solidarity with his kingship.

The word king implies being powerful,
being in charge, having authority and
the king calls the shots.

Now there are different kinds of power.

What comes to mind when you hear names like these:
Adolf Hitler, Tiger Woods, Marilyn Monroe,
newborn infant — the power of innocence
We can be overpowered with powerlessness.

In our darkest, most lonely, painful, bitter moments
when we find ourselves saying,
“Where is God?” Where is this one we claim has the power?
The startling answer comes back:
“ON THE CROSS.”

We make outrageous claims!
Because Jesus has taken on our human nature,
we have been given access to the very being of God
— the power of God.
We have access to the way God sees, the way God loves.
Being in the image of Jesus,
we are called also to reflect in our lives the way God sees it all,
the way God loves it all.

Through our baptism into Christ’s body,
we, ordinary as we are, somehow become the visible link
between God and all of humanity.

Harriet
A Beautiful Day in the Neighborhood
That brings me to a word about the importance of drinking from the cup — "Making the Eucharist Matter" — Frank Anderson

Taking the Eucharistic bread is meant to give us the courage the drink from the cup.

As we drink from the cup, we take within ourselves the lifeblood of Christ. "In an action of profound inner commitment we drink into ourselves the word of God we have just listened to ... "

"We drink the story into ourselves, we drink ourselves into the story. We thereby commit ourselves to one another in the noble, collaborative task of creating on Earth a community that embodies the justice of the Gospel."