

"Remember who you are" is advice parents offer as their children set off on some new venture. It is intended to serve as a guide for behavior.

Within our evolving consciousness, we have grown in understanding of who we are. In *Laudato Si'*, Pope Francis reiterates the importance of living out of this awareness. Remember who you are. Remember that everything is interconnected. We belong to a community of life.



We are invited to move from the concept of a separate self, the product of the individualism of our cultural context, to one of the connected self that exists in communion with the Divine and all of creation.

Grounded in this awareness, the Gospel commandment to love also takes on an expanded meaning. We are to exercise not only individual gestures of mutual care, but create a culture of care that permeates society, one grounded in the awareness of our common origins, our mutual belonging and our shared future.

Remember who you are, and act accordingly.

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