Conversion ... transformation ... metamorphosis

The Lenten season draws us into these challenging dynamics of growth.
Conversion, the openness and surrender to change our ways
From what feigns life but is really death
To what through death becomes more deeply life.
Transformation, growth that is not simply about becoming more (bigger),
But becoming qualitatively different, a new creation;
Hewn from an earlier version and yet profoundly changed
Transformation suggests becoming better-suited to the needs of now,
More ready to press on with life, more resilient and adaptable.
Metamorphosis, a process of transformation that requires
Cocooning for a space of time in order to let grace do its work,
Radically reforming and bursting forth in mature beauty;
Grave cloths, chrysalis shell cast aside
Leaning and lifting into this new way of being.
Conversion ... transformation ... metamorphosis
How would it be to hear our political candidates take up these topics,
Speak to which of these terms might best describe the road ahead
For all of us, if we are to rightly live into these next four years and beyond?
Not just exist, mind you, but truly live from the deeper, better soul of our nation.
Yet change can begin anywhere, even my poor heart, my family, neighborhood.
Surely it is time; may we rise from sleep
And by our individual choices, help to change to world.

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